

PSHE Spring 1

Year 1/2 Staying Safe

- To know rules for and ways of keeping physically and emotionally safe – Road safety
- To recognise that they share responsibility for keeping themselves and others safe, when to say, 'Yes', 'No', 'I'll ask' and 'I'll tell'.
- To know the difference between secrets and surprises and understanding not to keep adult secrets, only surprises.
- To judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)
- To recognise that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)
- To identify ways of keeping safe on the internet.

Year 3/4 Staying Safe

- To understand strategies for keeping physically and emotionally safe including safety in the environment, safe places to play and personal safety.
- To understand strategies for keeping physically and emotionally safe including road safety.
- To understand about people who are responsible for helping them stay safe and ways that they can help these people.

PSHE Spring 1

- To be able to judge what kind of physical contact is acceptable or unacceptable and how to respond.
- To deepen understanding of risk by recognising, predicting and assessing risks in different situations and deciding how to manage them responsibly (including sensible road use and risks in their local environments) and how to use this as an opportunity to build resilience.
- To identify ways of keeping safe on the internet.
- E-safety- keeping safe on-line workshops

Year 5/6 Staying Safe

- To recognise their increasing independence brings increased responsibility to keep themselves and others safe.
- To understand strategies for keeping physically and emotionally safe including safety in the environment.
- To understand about people who are responsible for helping them stay safe and ways they can get help.
- To recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, that make them uncomfortable, anxious or they believe to be wrong.
- To understand school rules about health and safety, basic emergency aid procedures and where to get help.
- To understand the importance of protecting personal information, including passwords, addresses and images.

PSHE Spring 1

- To identify how to keep safe on-line
- To understand on-line bullying

Resources

SEAL theme booklets 'Getting on and falling Out' (can be found in PSHE cupboard outside Jowett class)