

PSHE Autumn 1

Anti Bullying Week (November)

- To understand that there are different types of teasing and bullying, that these are wrong and unacceptable (Year 2)
- To know how to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help (Year 2)
- To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber-bullying, use of prejudice-based language, how to respond and ask for help) Year 6

Year 1/2 Relationships

- To identify their own special people (family, friends, carers), what makes them special and how special people should care for one another.
- To listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation)
- To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class.
- To understand how to communicate their feelings to others, to recognise how others show feelings and how to respond.
- To consider good and not so good feelings, a vocabulary to describe their feelings to others and simple strategies for managing feelings.

PSHE Autumn 1

Year 3/4 Relationships

- To work collaboratively together towards shared goals
- To be aware of different types of relationship, including those between friends and family
- To develop strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves
- To understand that their actions affect themselves and others
- To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other peoples feelings and to try to see, respect and if necessary constructively challenge their points of view.
- To deepen their understanding of good and not so good feelings

Year 5/6 Relationships

- To be aware of different types of relationship including those between friends and families, civil partnerships and marriage.
- To recognise and respond appropriately to a wider range of feelings in others.
- To recognise what constitutes a positive, healthy relationship and to develop and maintain the skills necessary.
- To understand how to make informed choices (including recognising that choices can have positive, neutral and negative consequences)
- To resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices.

PSHE Autumn 1

Resources

SEAL theme booklets 'Relationships' (can be found in PSHE cupboard outside Jowett class)